

# Gordian Health Management Group

Medical Management Services

Services

## Case Study



Gordian is an independent, licensed UR agent and leads the way in providing comprehensive care management services for risk-contracts including:

- Precertification
- Utilization Review for hospital and ancillary services
- Referral Coordination
- Episodic Case Management
- Reporting and Data Analysis

We currently manage health services for more than 40,000 Commercial and Senior members for a large health plan in the North Texas area. We work with large hospitals and over 500 primary care physicians and specialists in a risk environment. Our success with this program is attributable not only to our expertise, but also to our ability to work collaboratively with all health care providers in a mutually beneficial manner.

### *The Challenge:*

John is a 52 year old businessman who came into the ER complaining of severe chest pain. After a complete work-up to rule out MI, he was transferred to CVICU. Due to his test results, he underwent a CABG and spent the next four days in the hospital. Because of ongoing complications, John was transferred to a skilled nursing facility until his dismissal two weeks later. At home, he needed medical equipment and home health care to recover safely.

### *The Solution:*

John's Gordian case manager was notified the day of his admission. She was in contact with his doctors and arranged for approval of all hospital services and eventual transfer to the skilled nursing facility. On discharge, she arranged for home health and delivery of his medical equipment.

### *The Benefits:*

Since Gordian worked closely with all members of the health care team, John's care was seamless, his family was satisfied with his care, the providers were reimbursed appropriately, and the health plan reported cost savings since all services were provided at in-plan rates.

# Gordian

Health Management Group  
*We make managed care simple!*

<http://www.gordianhealth.com/>

Gordian Health Management Group

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